



UNIVERSITATEA BABEȘ-BOLYAI
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TRADITIO ET EXCELLENTIA



Erasmus+

HEALTH4MEDIA

BLENDED INTENSIVE PROGRAMME

Babeș-Bolyai University, Cluj-Napoca, Romania



Online: April 1-2, 2025 On-site: April
7-11, 2025

Who Should Attend?

Bachelor's and Master's students in Journalism, Communication, and Psychology., with a B2 level in English.

Why Join Health4Media?

- Gain insights into mental health issues faced by media professionals.
- Learn practical coping and self-care strategies from experts.
- Connect with peers in a supportive, engaging environment.

How to register?

Contact the Erasmus office at your university.

For more information, reach out to us at carmen.tagsorean@ubbcluj.ro

