## **INTERNATIONAL TRAINING** APRIL 21<sup>st</sup> - 23<sup>RD</sup>, 2023 BRATISLAVA, SLOVAKIA

Funded by the European Union





## EUROPEAN TEAM CUP



### WELCOME TO BRATISLAVA !







### **TODAY'S** SCHEDULE

#### **5.** EUROPEAN TEAM CUP

### **HOTEL NIVY**

- **09:00 10:00 |** INTRODUCTION
- 09:15 10:00 | ADAM KOCIAN / MENTAL COACH
- 11:00 11:20 | LUKÁŠ KENDRA / VOLUNTEERING INITIATIVE
- 11:30 13:30 | DAG PALOVIČ / LEADERSHIP MENTOR

### RESTAURANT

14:00 - 14:45 | LUNCH

### **SPORT FIELDS**

15:00 - 17:00 | TRAINING SESSIONS BEACH VOLLEYBALL, BASKETBALL, MINIFOOTBALL

### RESTAURANT

**19:00** | DINNER

### **CITY CENTER**

21:00 | SURPRISE



### **ABOUT THE** PROJECT

General objective of **European TEAM cup** project is to encourage participation in sport and physical activity and promote health benefits of mini football, 3x3 basketball and beach volleyball among university students of 12 European countries. We will organise an innovative European-wide sport event in Bratislava.

It will:

- mental and social health.





27 partners across the fields of sports, higher education, and public institutions will be involved in awareness raising activities and encourage university students to take part in this new type of international sports event.

- combine sports and appealing social causes. - promote team sports as a tool for good physical,



### **STAGES**

After attracting 48 university students from the different countries with experience in practicing the three team sports.

- First, they will undergo a training for leadership event
- Secondly, these students will create in their counvolunteering initiatives.

#### **5.** EUROPEAN TEAM CUP

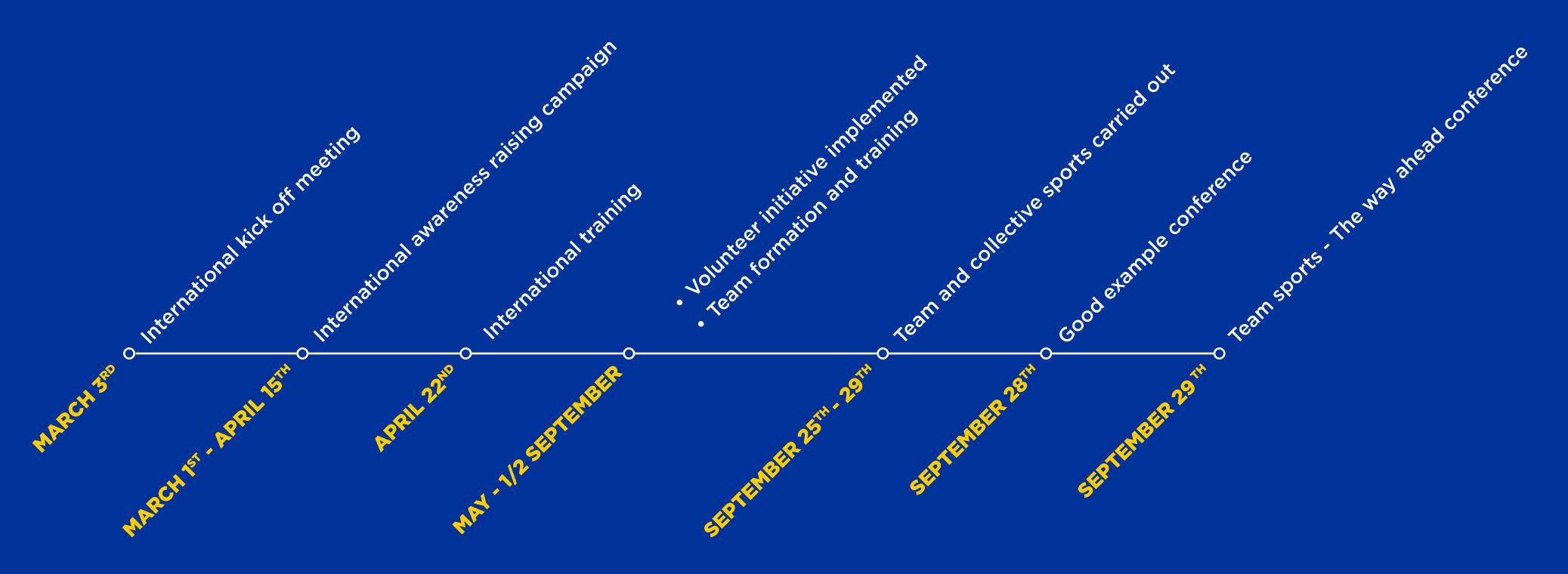
and motivational skills in Bratislava. They will exchange experience and expertise on how to use sport to promote community cohesion prior to the

tries national teams eager to practice regularly the 3 sports and contribute to the development of local communities by planning and implementing





### TIMELINE



#### **6** EUROPEAN TEAM CUP



### TEAM FORMATION PROCESS

1.

International awareness raising campaign

**5**. Getting the teams together by captains





### 2.

Team captains applications via project web platform

## **3**. Selection protocol

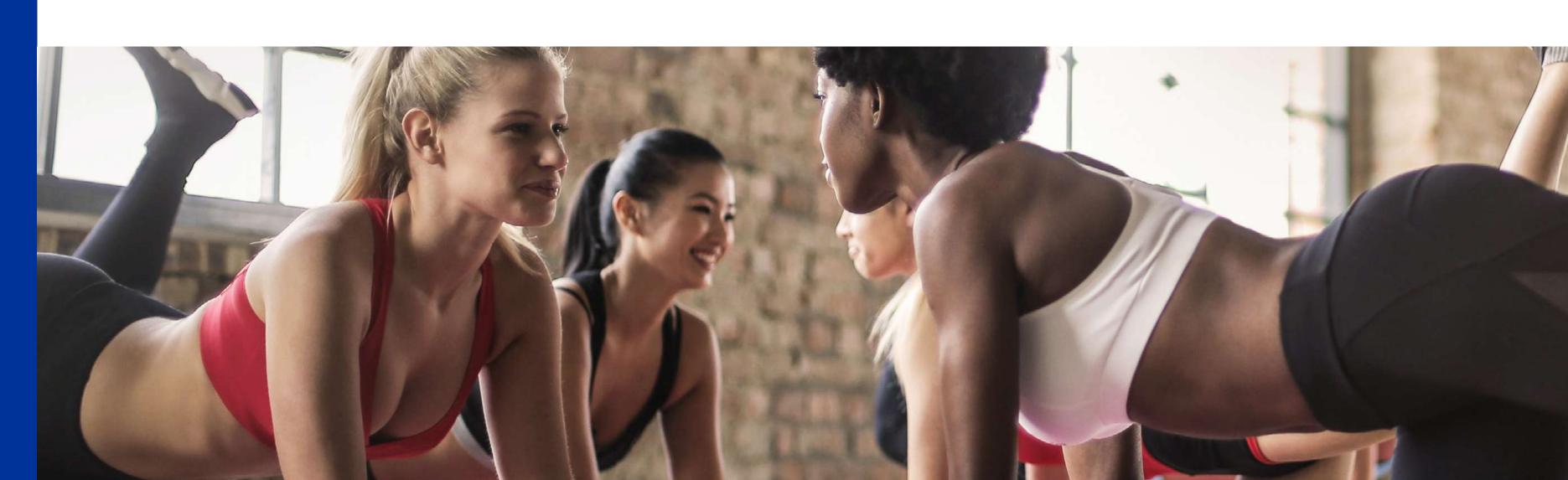
**4** International training for captains

### 6.

Training process and volunteer initiative implementation

### 7. Team and collective sports carried out





#### **8** EUROPEAN TEAM CUP

### **MONDAY- SEPTEMBER 25TH**

#### **ALL DAY - Team arrivals**

**19:00** OPENING CEREMONY

### **TUESDAY- SEPTEMBER 26TH**

- **09:00 10:00** YOGA, ZUMBA, JUMPING, CROSSFIT
  - **10:00** TEAM PRE-MATCH WARM-UP
- **11:00 17:00** GROUP STAGES IN ALL SPORTS
- 13:00 14:00 | LUNCH BREAK
- 12:00 14:00 16:00 COMPETITIONS AND QUIZZES FOR THE GENERAL PUBLIC
  - **17:00** | TEQ SHOW
  - 18:00 19:00 YOGA, ZUMBA, JUMPING, CROSSFIT



### SCHEDULE 2/3

09:00 - 10 10 11:00 - 1 13:00 - 14 12:00 | 14:00 | 10 1 18:00 - 10

> 09:00 - 1 1 11:00 - 1 13:00 - 1 12:00 | 1 14:30 - 1 1



### WEDNESSDAY- SEPTEMBER 27<sup>TH</sup>

- **09:00 10:00** YOGA, ZUMBA, JUMPING, CROSSFIT
  - **10:00** TEAM PRE-MATCH WARM-UP
- **11:00 17:00** GROUP STAGES IN ALL SPORTS
- 13:00 14:00 | LUNCH BREAK
- 12:00 14:00 16:00 COMPETITIONS AND QUIZZES FOR THE GENERAL PUBLIC
  - **17:00** | TEQ SHOW
  - 18:00 19:00 YOGA, ZUMBA, JUMPING, CROSSFIT

### **THURSDAY- SEPTEMBER 28<sup>TH</sup>**

- **09:00 10:00** YOGA, ZUMBA, JUMPING, CROSSFIT
  - **10:00** TEAM PRE-MATCH WARM-UP
- 11:00 14:00 | PLAY OFF MATCHES IN ALL SPORTS
- 13:00 14:00 | LUNCH BREAK
- 12:00 14:00 COMPETITIONS AND QUIZZES FOR THE GENERAL PUBLIC
- 14:30 17:00 | THE GOOD EXAMPLE CONFERENCE
  - **18:00** FINALS + AWARDS CEREMONY



### SCHEDULE 3/3





### **FRIDAY- SEPTEMBER 29<sup>TH</sup>**

10:00 - 14:00 | TEAM SPORTS - THE WAY AHEAD **15:00 - 20:00** TEAM DEPARTURES

# EUROPEAN TEAM CUP

## **COMMUNICATION STRATEGY**



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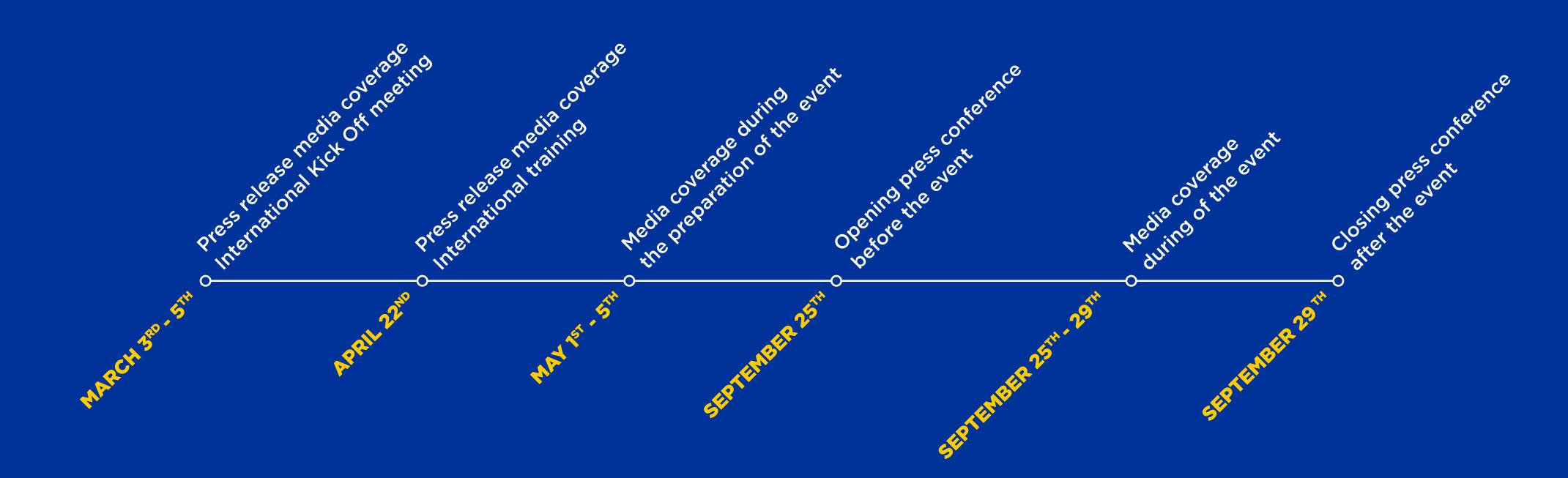




### **MILESTONES**

- MARCH: Kickoffmeeting
- $\bullet$

### COMMUNICATION TIMELINE



#### **12.** EUROPEAN TEAM CUP

**APRIL:** International meeting **SEPTEMBER:** EUROPEAN TEAM CUP



### **INTERNATIONAL AWARENESS RAISING CAMPAIGN**

- The goal is to raise awareness among university students •
- **Communication via social media channels** ٠
- Visual graphic communication posters and leaflets promoted among target group ٠

### **POSTER:**









### NATIONAL CAMPAIGN FOR THE EVENT

- photo/video materials ٠
- ٠
- ٠





video content - interviews, short videos introduction of the 3 sports



#### COMMUNICATION

PRESS CONFERENCES **MEDIA BRIEFINGS** 

DIRECT CONNECTION AMONG ALL OF THE 3 INVOLVED SPORTS

**COMMUNICATION VIA PARTNERS** 

**COOPERATION WITH UNIVERSITIES, STUDENT** HOUSING, STUDENT STANDS, SPORT CLUBS

VIDEO - AMBASSADORS - HELP TO PROMOTE THE EVENT VIA PERSONALITIES FROM **INVOLVED SPORTS, TO RISE AWARENESS** 

**PROJECT WEBSITE** 

**EXTERNAL WEBSITES** 

**OOH ADVERTISING** 

SOCIAL MEDIA

**EVENT - VOLUNTEERING** 

PROMO CAMPAIGN **VOLUNTEERING CAMPAIGN** 

**PR CAMPAIGN: SPORT CENTERS PRESENTATION** 

PR CAMPAIGN: YOUTH OF EU TEAM CUP

**TEAM PRESENTATION, TEAM DRAW** 

**NOMINATION EU TEAM CUP** 

MARKETING PARTNERS

**NEWS YOU CAN USE** 



### COMMUNICATION PLAN



#### **COMMUNICATION EUROPEAN TEAM CUP - FEBRUARY/ SEPTEMBER 2023**

CONTENT	COMMUNICATION PLATFORM	PERIOD
1x international training in April, 1x opening PC right before the event, 1x closing PC	social media, TV, RADIO, PRINT, ONLINE	FEBRUARY 2023 - SEPTEMBER
Direct connection and promotion of the 3 involved sports - mini football, 3x3 basketball, beach volleyball - communication through their channels	website, social media, leaflets, posters	FEBRUARY 2023 - SEPTEMBER
Media partnerships, online	social media, TV, RADIO, PRINT, ONLINE	APRIL 2023 - SEPTEMBER 20
Through these institutions, reach out to students to participate in the EU Team Cup.	DIRECT CONTACT, LEAFLETS, POSTERS, BANNERS	MARCH 2023 - SEPTEMBER 2
In the form of video "business" cards, invite students to participate in the EU Team Cup through well-known personalities, sharing these challenges on their social media, banners with their faces and also inviting people in this way.	VIDEO, BANNERS, social media	MARCH 2023 - SEPTEMBER 2
Banners, news articles, interviews	website	FEBRUARY 2023 - SEPTEMBER
Through press conferences, press releases, media briefings we can also reach the online media space.	online	MARCH 2023 - SEPTEMBER 20
Billboards, Bratislava	indoor and outdoor areas	MAY 2023 - SEPTEMBER 202
Banners, videos - schedule according to the editorial plan, boosting posts	social media	FEBRUARY 2023 - SEPTEMBER
Enviromental voluntary action (planting trees, collecting garbage, painting fences,) articles, photography, videos	social media, website	SEPTEMBER 2023
Enviromental voluntary action - articles, photography, videos	social media, website, media	MARCH 2023 - SEPTEMBER 2
<b>Sport centers</b> Preparation and presentation of individual sport centers and all sports.	social media, website, media	FEBRUARY 2023 - SEPTEMBER
<b>Youth</b> Selected approx. 10 talented youngsters to be involved in EU TEAM CUP communication.	social media, website, media	MARCH 2023 - SEPTEMBER 20
<b>Team presentation</b> continuos introduction of participants	social media, website, media	SEPTEMBER 2023
Long list nomination communication of qualified sport persons	social media, website, media	SEPTEMBER 2023
Marketing partners fulfillment, cooperation	social media, website, media	APRIL, MAY 2023 - SEPTEMBER
Service info for spectators	social media, website, media	SEPTEMBER 2023





### **DEVELOPMENT AND MANAGEMENT OF E-PLATFORM AND WEBSITE**

An official interactive website with registration zones, a forum, options for streaming and broadcasting of reports, videos, advertising spots will be ready.

#### www.teamcup.eu









### **SOCIALMEDIA ACCOUNTS SET-UP AND MANAGEMENT**

#### FACEBOOK:





#### https://www.facebook.com/EuropeanTeamCup/

3 SPORTS   12 COUNTRIES   48 TEAMS BRATISLAVA   SLOVAKIA 25 29. SEPTEMBER 2023	Úvod European Team Cup event taking place in Bratislava on September 25 - 29, 2023. ③ Stránka · Šport ∞ media@teamcup.eu ④ european_team_cup ⊕ teamcup.eu	European Team Cup 21. február o 22:31 · (*) European Team Cup event taking place in Bratislava on September 25 - 29, 2023. Join us! Minifootball 3x3 basketball Beach volleyball You have a choice. Play us SEPTEMBER 25 - 29 in Bratislava. #euteamcup #europeanteamcup #bratislava #slovakia #sport #3x3slovakbasket #malyfutbal #spoluprevolejbal
eá •••	<ul> <li>Żatiał źiadne hodnotenia (0 recenzii) ()</li> <li>Plážový volejbal ()</li> <li>Basketbal ()</li> <li>Futbal ()</li> </ul> Fotky Zobraziť všetky fotky	3 TOURNAMENTS MINI FOOTBALL   3X3 BASKETBALL   BEACH VOLLEYBALL
n European Team Cup 21. február o 22:31 · ③ European Team Cup event taking place in Bratislava on September 25 - 29, 2023. Join us! Minifootball 3x3 basketball Beach volleyball You have a choice. Play us SEPTEMBER 25 - 29 in Bratislava. #euteamcup #europeanteamcup #bratislava #slovakia #sport #3x3slovakbasket #malyfutbal #spoluprevolejbal	Informácie o údajoch štatistík stránky · Ochrana súkromia · Podmienky · Reklama · Vaša voľba [> · Cookies · Viac · Meta © 2023	EURD TEAM LUP 2529. SEPTEMBER 2023 BRATISLAVA   SLOVAKIA





### SOCIALMEDIA ACCOUNTS SET-UP AND MANAGEMENT

#### **INSTAGRAM:**

#### https://www.instagram.com/european\_team\_cup/







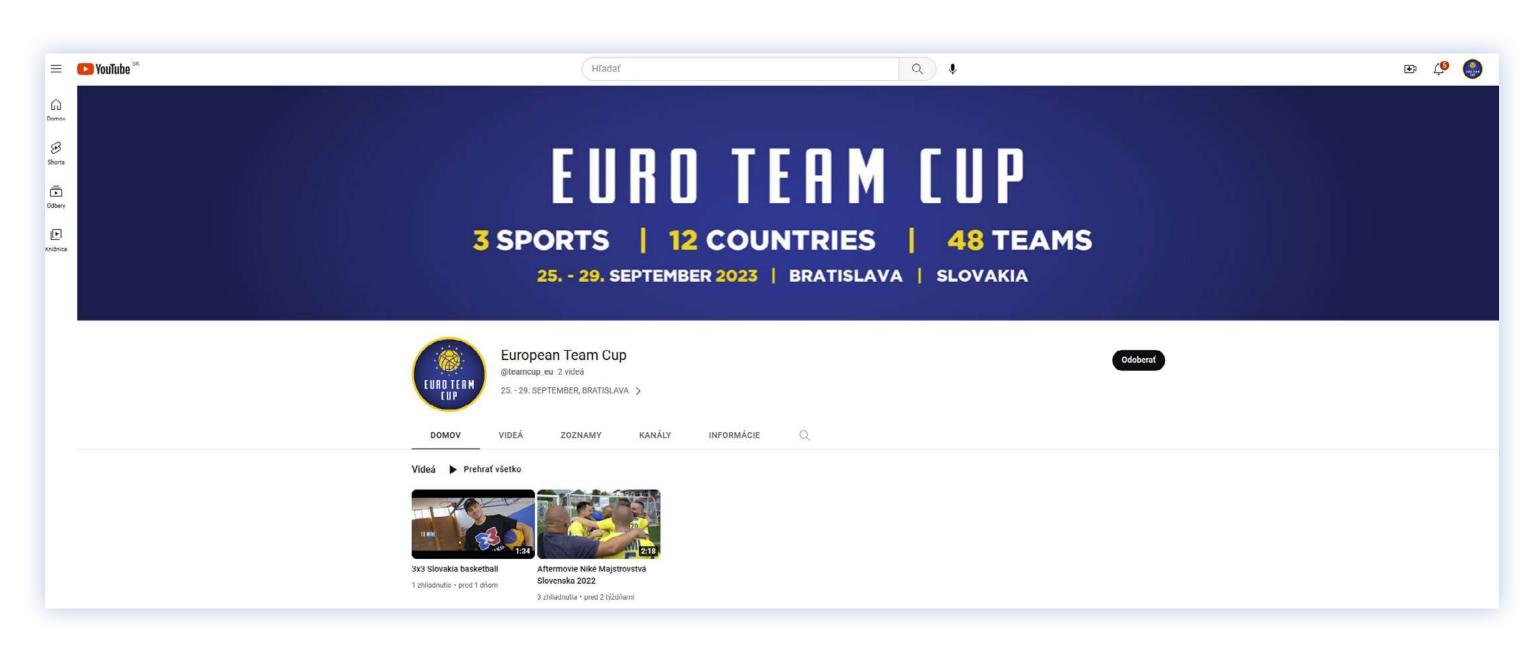
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PRÍSPEVKY	@ S 02	ZNAČENÍM				



### **SOCIALMEDIA ACCOUNTS SET-UP AND MANAGEMENT**

#### **YOUTUBE:**

#### https://www.youtube.com/@teamcup\_eu



#### **19.** EUROPEAN TEAM CUP



### **FOLLOW US**

**SCOPE:** 50 POSTS

PLEASE, COOPERATE WITH US DURING SHARE OUR SOCIAL MEDIA AND SHARE PRESS RELEASES WITH YOUR INTERNATIONAL MEDIA PARTNERS.



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**GOAL:** 2 000 FOLLOWERS OVERALL BY THE END OF THE PROJECT







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### TOURNAMENT

#### SYSTEM OF THE TOURNAMENT

- Double elimination
- Groups A,B
- Each team will have 2 players + 1 captain
- Will be played on 2 winning sets (21 points)
- Will be played 3 on 3 players
- Teamscan change the player show they want during the game
- Players will get the uniforms
- Female only tournament

#### **DISTRIBUTION OF TEAMS**





#### **ORGANIZATIONAL STANDARDS**

- Tournament Manager
- Court manager
- Referees
- Helpers



### **3x3** TOURNAMENT

**22. EUROPEAN TEAM CUP** 

#### TOURNAMENT **Structure of the competition**

- 2 groups by 6 teams
- 2 teams from each group elimination phase
- Winner of the semifinals FINAL
- Losers of the semifinal 3rd place game



#### RULES

FIBA 3x3 10 minutes/21 points 6 players in one team Female only tournament

#### CONTACT Marek Adamčík 3x3@slovakbasket.sk +903 851 911



### EUROPEAN TEAM CUP MINIFOOTBALL 25.-29. 9. 2023

SYSTEM: 6 a side (5+1) MAXIMUM OF PLAYERS IN ONE TEAM: 9 (already with GK) **NUMBER OF TEAMS: 24** NUMBER OF GROUPS: 4 (A-D) **TEAMS PER GROUP**: 6 (draw) **TIME OF TEH MATCH**: 1x25 min **SIZE OF THE PITCH**: 26m (width) x 48m (lenght) **SIZE OF THE NET**: 2m (height) x 4m (width) **SIZE OF THE BALL**: number 5 (classic ball) **EVERY TEAM**: minimum of 5 games (5x25 min = 125 min) **KO STAGE**: best 2 teams from each group (quarterfinal) **RED CARD PENALTY**: 3 minutes (one player down)







### EUROPEAN TEAM CUP MINIFOOTBALL 25.-29. 9. 2023



**SERVICE** - player profile, player statistics, team statistics, tables, match program, results, match detail, match highlights, referees and more.

**ALLOWED FOOTBALL BOOTS**: turfs, plastic stud boots AG, indoor boots

**NOT ALLOWED BOOTS**: boots with metal studs are strictly NOT allowed!!!

**RULES**: official WMF rules

JERSEYS: all teams will receive fully equiped jersey complets (jersey, short and sock) with same colour (except goalkeeper)

**SHINPADS:** obligatory (must be)

**POINT SYSTEM**: win (3 points), draw (1 point), loss (0 points)





### SLOVAK MINIFOOTBALL **FEDERATION**

**THANK YOU** 

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# **AND ENJOY THE** WORKSHOPS **AND SESSIONS**